

## **Create Vibrant Health's Nutritional Counseling Services available for Distance Clients**

### **Comprehensive Food Pharmacy Program**

Your Food Pharmacy Program customizes your nutritional program for many unique factors including:

- ❖ Diagnosed health conditions and sub-clinical symptomatology
- ❖ Blood type and body type
- ❖ Autonomic Type (neuron-endocrine) and Oxidation Rate
- ❖ Allergies and Intolerances
- ❖ Micro-nutrient imbalances and Macro-nutrient ratios

This evaluation includes:

- A complete advanced level metabolic type evaluation and report and supplement recommendations that are right for your metabolic type.
- Appropriate therapeutic recipes to support you in your health goals.
- A 75 minute consultation to review your entire program including customize nutrition program, supplements and detox program.

### **Neurotransmitter Assessment**

With this assessment and consultation I teach you how to balance your brain chemistry using nutrition, exercise and lifestyle. I have made available for my clients the detailed questionnaire which clinicians have used to determine neurotransmitter dominance and deficiencies. For more go to <http://www.createvibranthealth.com/NT.htm>

### **Hair Mineral Analysis**

When performed and interpreted correctly, hair mineral analysis is an excellent method to assess the way the body is responding to stress, glandular and immune activity, glucose tolerance, mineral deficiencies and heavy metal levels. A skilled practitioner can use this information to guide their client to better health through dietary, supplement and detoxification programs.

For more information and pricing please visit,  
[www.createvibranthealth.com/services.htm](http://www.createvibranthealth.com/services.htm) or Call Jim at 541.482.2250

*"My experience with Jim has been **exclusively by phone**. Even by phone, I quickly felt comfortable relying on Jim's clear and knowledgeable guidance because of his obvious intelligence, his impressive training, and his words of support (not to be underestimated with autoimmune disorders like mine). His advice has resulted in some progress with my disease, which I understand will require perhaps a couple of years to surmount. Happily, the side benefits to the program he recommended for me have enhanced my health in ways I did not expect--weight loss, rapid healing, healthy skin, for example, and compliments from friends and family" - Carol Sparks Ahwahnee, California*



JIM JORDAN is a certified nutritional consultant who has worked in holistic medical clinics for seven years helping patients with chronic health problems recover their health. Jim teaches seminars on nutrition, live cell microscopy, detoxification and the legal aspects of natural health care and has opened a private nutrition consultation practice in Ashland, Oregon. To learn more about Jim's background, classes and services please go to [www.createvibranthealth.com](http://www.createvibranthealth.com).